

**Y**ou look suddenly slimmer." My husband used those exact words when I came home from my very first wrap from the Suddenly Slimmer Spa in Peachtree Corners. Located in the Interlochen Shopping Center two doors away from the Gwinnett Tag office, owners Julie and Mike Tracey opened the doors to their spa this past summer.

Widely used and known on the West Coast by Hollywood Stars, the central office is located in Clearwater Florida. Over the last 30 years, over 10 million wraps have been successfully delivered in over 500 salons in 15 countries. The craze is now hitting Gwinnett right where it matters most - thighs, buttocks, abs and more! The Suddenly Slimmer concept is not a weight loss miracle, and makes no claims to any health or medical benefits from any of its products or services. A wrap at Suddenly Slimmer consists of tightly wrapping the body with mineral soaked elastic bandages - from literally the head to the toes! Next, you get on a trampoline or glider and move for an hour. You are rebasted every 20 minutes with more solution and then you are unwrapped. Suddenly Slimmer guarantees an overall inch loss of 6-20 inches after your first wrap, or your next wrap is FREE.

### **So how does it Work?**

The body wraps work by putting minerals into your body, which draw out metabolic waste and impurities. This allows your body to eliminate water being retained to dilute the waste to safer levels. The elastic bandages soaked in a proprietary mineral solution then tighten the tissue and tone the skin, allowing the fat cells to be compressed back together. The wraps are not dehydrative - you can do multiple wraps in one day and drink as much water as you want. Best of all, the results are permanent as long as you do not gain weight and you come in every few months for a maintenance wrap.

# Suddenly Slimmer Hits Gwinnett Where it Counts

**By Rita Figliolini**

### **About the Tracey's**

When Julie and Michael Tracey started looking for a business to operate, they wanted one that would help others, while at the same time making a positive impact on their our own lives. "We are happy to report that as licensees of Suddenly Slender - The Body Wrap, we have found exactly what we were looking for," says Julie Tracey. Skeptical? So were the Tracey's. "At first we were skeptical. We asked ourselves 'If it's so easy, then why isn't everyone doing it?'" Both Mike and Julie are living proof that it works. Over a 10-week period, Julie went from a size 12 to a size 8 in just 20 body wraps. Michael has lost over 8 inches in his stomach/abdomen area with only 15 wraps. The Tracey's tell us, "Our skin has become tight and toned, smooth-

ing out the cellulite, flab and stretch marks."

### **My Experience**

Julie has been asking me to make an appointment for a body wrap since July - I wish I had tried it sooner, because I would be much further along. I had my first wrap on November 18 and lost a whole dress size! I lost a total of 16 inches overall. The average to lose a dress size is 5-10 wraps! I tried on a black silk dress that I had not worn for years and it zipped right up!

Scientific or not, I can personally say that it has worked for me and I can only speak for myself, but it has made a difference in my appearance.

### **The Spa and Products**

The spa facility offers a relaxing atmosphere, with private wrap and unwrap rooms, a separate workout area for active wraps, and private rooms for the Dream Body Lay Down Wrap. You are greeted with soothing aromatherapy, relaxing music, and friendly staff.

Some of the wraps that are offered at Suddenly Slimmer in Norcross include the Anti-Aging Wrap; the Power Wrap; the Slendertone Body Wrap; the relaxing Lay Down Body Wrap and the Fat Burning Wrap. They also offer anti-aging face taping & EB Cellular Cleansing.

### **Still Not Sure?**

Well, the only way to know if and how it works is to try it for yourself and you be the judge. I can attest to the fact that each time I have gone in the gliders are all in use. You can also watch your favorite TV shows on the flat screen TV while gliding or you can chat with your neighbor.

Contact Julie Tracey for an appointment at 678-381-2100 or visit their website at [www.suddenlyslimmeratlanta.com](http://www.suddenlyslimmeratlanta.com)