

Suddenly Slimmer

Imagine walking into a room full of old friends, looking and feeling your very best. Picture yourself comfortably fitting into your favorite pair of jeans, every time you put them on. Now think about getting a jumpstart on your diet and exercise program with several inches magically gone from those problem spots. Although this may sound too good to be true, Julie Tracey's Peachtree Parkway spa, Suddenly Slimmer, can help you achieve every one of these wonderful moments!

Suddenly Slimmer provides mineral body wraps that contour the body, helping to re-shape your beautiful proportions. In the privacy of her attractively appointed spa, Julie Tracey and her staff will first weigh and measure you, taking 19 different body measurements, then they will wrap you head-to-toe in warm elastic bandages soaked in a special odorless solution of minerals and electrolytes. The bandages go over your underwear and the whole wrapping process takes place in a private room.

Once you are wrapped, you proceed to the exercise area where you spend a pleasant hour doing light movement while enjoying a video of your favorite comedy or drama. All the while, your mineral wrap is working hard to draw metabolic waste out through your skin, toning and contouring your body, and

compressing cellulite.

The results? On your first wrap, you can expect an all-over body reduction of six to 20 inches. Julie Tracey explains that it takes five to ten wraps to drop one dress size and she recommends a maintenance wrap every

three months to keep this improvement. Says Suddenly Slimmer client Danielle Sanchez, "In five wraps, I lost 32 inches and am now wearing one size smaller!"

Suddenly Slimmer does not cause dehydration or water loss, nor does it create a weight loss in pounds, but clients often find the encouragement they get from dropping inches to be a great motivator.

"Seeing the difference in the mirror makes me want to keep eating healthy and exercising!" explains Suddenly Slimmer client Jennifer Chapman.

Can anyone benefit from a visit to Suddenly Slimmer? Yes they can, says Julie Tracey whose clients range from brides to vacationers to folks in need of a boost to their diet programs. "Our goal is to ensure everyone who visits Suddenly Slimmer leaves looking and feeling better!"

For more information on Suddenly Slimmer or to arrange an appointment, please click on www.SuddenlySlimmerAtlanta.com or call Julie Tracey at 678-381-2100.



Suddenly Slimmer

BeanPool Rating:
★★★★★

Specialty:
Mineral body wraps

Owners:
Julie Tracey

Year Established:
2006

Phone Number:
678-381-2100